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2023-10-11 Pit Stop with Daniela Acitelli.mp3

DATE

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DURATION

1h 4m 31s

3 SPEAKERS

Karen Commins

Anne Flosnik

Daniela Acitelli

START OF TRANSCRIPT

[00:00:03] Karen Commins

It's the top of the hour and I want to welcome everybody to Pit Stop, your fortnightly mid-week rest area to refuel your drive. I'm Karen Commins, I'm an audiobook narrator, and I'm the chief cartographer for NarratorsRoadmap.com. And I'm your host for Pit Stop. With me today in the copilot seat, as always, is my lovely friend, an award winning audiobook narrator Anne Flosnik who hosts the Narrator Uplift show here on Clubhouse. How are you this afternoon, Anne?

[00:00:32] Anne Flosnik

Great. Thank you. Delighted to be here.

[00:00:36] Karen Commins

Every other Wednesday, audiobook narrators who have vocations beyond narration pull into Pit Stop. They're sure to inspire you to follow your interests and use all of your talents and gifts. I want to let everybody know the conversation is being recorded so you'll be able to listen or catch parts you missed. Feel free to comment in the chat. Raise your hand in the app if you want to be part of the conversation, because we would love to hear from you. So thanks so much to everyone for joining us. I am super excited to welcome Daniela Acitelli to Pit Stop! With an extensive portfolio of over 200 audiobooks. Daniela is a born and bred American, but she's also a dual citizen Brit who calls both California and London home. Daniela works from her fully equipped home studio with authors, producers and publishers including Tantor Audio, Hachette UK, HarperCollins, Simon and Schuster, Brilliance, Deyan and Dreamscape. Daniela is a classically trained actress with a strong foundation in Stanislavski, in addition to training in Strasberg, method acting, and Meisner. Daniela is also a trained red-nosed clown, and she has worked the boards in theater, cabaret, and burlesque for years. By day, Daniela narrates, and by night she is the host of the hugely popular, quirky YouTube show The Narrator's Cup of Joe, where she interviews wonderful, eccentric characters from the audiobook world. So welcome to pitstop, Daniela! We're so thrilled you're here. We needed a Daniela fix.

[00:02:15] Anne Flosnik

Yes we did.

[00:02:16] Daniela Acitelli

Thanks so much for having me. I'm honored.

[00:02:21] Karen Commins

Well, you know, we Anne and I talked with you last year on her Narrator Uplift. And I remember your father was Italian and your mother was American. And you said you spent summers in Italy, where it was "all balconies and cigarets and gorgeous women and beautiful men and photographers — photographers". See, I'm so excited! I told you I can't talk. "And late nights. And then we'd go back to Fresno." So tell us what that was like living here and there and having that kind of childhood.

[00:02:53] Daniela Acitelli

I've kind of come to terms with that. I think over the last few years it's come up. I think when your parents pass away, you start to kind of you have to assess who you are, who you are, like, not as their child. And I realized that having grown up with that, it was like literally a la Dolce Vita lifestyle. I mean. Massive glamor and, you know, and and style and fashion and clothes and clubs and probably things that child shouldn't have been at. And I tend to compare all the boring parts of life to the way life should be. So yeah. So that said, I still do that, but I, I stand by it as well. You know what I mean? Like like I've just I've accepted. I'm just never going to be the girl that's going to be normal.

[00:03:54] Karen Commins

No, boring and beige are two words that we would never use to apply to you.

[00:04:02] Daniela Acitelli

Thank you very much.

[00:04:03] Daniela Acitelli

And likewise, which is why I'm such a fan of both of you.

[00:04:07] Karen Commins

So what was it that you wanted to do? You know, when you talk to people on Cup of Joe, one of the things I think you typically ask people is "tell me about what you wanted to do or what was your favorite activity when you were a ten-year-old". So what was yours?

[00:04:25] Daniela Acitelli

I was an actress. I was my favorite song was I'm the Greatest Star. I like sang it 24 hours a day. I was an actress, I. Was going to be. And like, you know, when you dress up at your parents house. Like, our grandmother had Thanksgiving and everything. Very conservative. You know, American grandmother and the kids would dress up. I'd have. We'd all dress up in my grandmother's lingerie and do vaudeville shows by the kitchen table.

[00:04:57] Karen Commins

Oh, wow.

[00:04:58] Daniela Acitelli

Yeah, yeah, it was, it was. I've always. That was me. I was going to be the greatest actress in the entire world and also go overseas to France in high school with my gorgeous boyfriend and look fabulous. Those were like, lofty dreams, I guess.

[00:05:20] Karen Commins

Because you didn't, did you? You didn't go overseas until you were a little older, right? I mean.

[00:05:26] Daniela Acitelli

Yeah, I didn't it gutted. But I did later I made up for lost time.

[00:05:37] Karen Commins

Well. So.

[00:05:38] Karen Commins

So you were doing acting then as a young age, and in the intro I was seeing about Stanislavski and Meisner. So how did you get into those things? Did that come in college or. Yeah, through some other means or.

[00:05:54] Daniela Acitelli

To be honest, I was in children's theater and I. And then in college, you know. I did acting and after college I took Meisner was a stand alone course in LA, and most of my adult life I just kept for the sake of learning. I mean, the thing is, I've never been very good at doing things for like the goal. I've always wanted to do it for learning, for the process of getting there. That's the part that interests me. I want I always dreamt I read those books about actors. I never thought like, you know, I'm going to succeed. I didn't even know what the Academy Awards were. They just annoyed me. They preempted my TV shows.

[00:06:41] Karen Commins

And like, it was like they still do people.

[00:06:45] Daniela Acitelli

Yeah, exactly that.

[00:06:47] Karen Commins

But now.

[00:06:47] Daniela Acitelli

But now I can control it. I've got like digital, so. But. To me it was the the the being in it, not the being seen as successful, but the getting to do the things you want to do. Getting like people going, oh, Daniela can handle it. That's like the dream would give this to Daniela because she can, you know, that's the dream, not the. Ooh, Daniela has more likes and friends and followers, and she's. I've met famous people and they don't seem very happy.

[00:07:24] Karen Commins

Huh? What?

[00:07:25] Karen Commins

You know, I have to ask then. Who's the most famous person you met?

[00:07:30] Daniela Acitelli

I'm horrible because I, like, literally don't remember anything three minutes after I lived in L.A. I lived in L.A, too, and there were a few people I'm embarrassed to say that. Like, I met and didn't know who they were. Mickey Rourke I met who I quite liked because I was a fan of nine and a half weeks. I thought he was so handsome.

[00:07:52] Daniela Acitelli

Nine and a half.

[00:07:53] Daniela Acitelli

Weeks, but when I met him, he was different than I imagined. I'm sure he's still wonderful, but yeah, I at Mickey Rourke. I can't remember, I'm horrible with names. Mickey Rourke nine and a half week

[00:08:06] Karen Commins

Right.

[00:08:07] Karen Commins

Well, but you said thought you said something else.

[00:08:10] Daniela Acitelli

No Mickey Rourke.

[00:08:11] Daniela Acitelli

I can't think of. That's embarrassing. I'm going to get off this call, and I'm going to think of, like, 30 people that I've met. Oh, I was in a TV sitcom with Jennifer Saunders.

[00:08:21] Karen Commins

Really?

[00:08:23] Daniela Acitelli

Yeah.

[00:08:24] Karen Commins

That's pretty.

[00:08:25] Karen Commins

Exciting. How did that happen?

[00:08:27] Daniela Acitelli

I was dodgy goth prisoner number four, and. Not much of me actually showed up on camera, but I did spend many days filming in a prison yard.

[00:08:41] Daniela Acitelli

Freezing. Oh, it was fun.

[00:08:45] Karen Commins

But how did that come about?

[00:08:48] Daniela Acitelli

I was with I was with an agency in London called ugly. And they would put me in all these jobs. They got me one, one job and I just would rock up. I'm good if I don't know what I'm getting into, that's when I do well and I would just rock up. So I rocked up to this job and they were like, no, no, no, no. And they were sending me home and I was on my way out the door and they said, no, swap this over. And they swapped me with this other girl. And they said, because the other girl was too pretty.

[00:09:18] Karen Commins

What?

[00:09:19] Daniela Acitelli

Yeah. So guess I wasn't too pretty, but it was like a lingerie shoot for, like, you know, women that weren't like models for Marks and Spencer. Um, and we got to wear all the lingerie and did this big lineup. And then the next day I got on the tube to go to my corporate job, and people were kind of looking at me.

[00:09:42] Karen Commins

Oh, it's that girl.

[00:09:44] Daniela Acitelli

It was a full.

[00:09:45] Daniela Acitelli

Page spread in the sun.

[00:09:48] Karen Commins

Oh, wow. And you didn't know this?

[00:09:50] Daniela Acitelli

Me like a practically naked and, like, not burlesque like mean. I had a discreet. You know, I like to think gorgeous lingerie, but still not on the tube. And then the copy guys, like, all wink wink nod nod, raising his eyebrows.

[00:10:07] Karen Commins

Oh my gosh. Embarrassing. So you didn't know?

[00:10:11] Karen Commins

You didn't know when you did the shoot that that's how they were going to use the images.

[00:10:15] Daniela Acitelli

Didn't have a clue. I just knew that. And I was the voice of Hillary Clinton for the Yalta summit, evidently.

[00:10:24] Karen Commins

Huh? Well, that's pretty cool.

[00:10:27] Daniela Acitelli

For the anniversary. Yeah. So all those things, you go with an agency and you never know where you'll end up. They were great, I loved ugly.

[00:10:34] Karen Commins

You're saying that in past tense so you're not still connected with them?

[00:10:38] Daniela Acitelli

Well, when I came, when I think the last time I had, like, a fracture, I fractured my hand. I was going into surgery and I have my phone next to me, and they called and I was like, literally just drugged up on my way into surgery. And I said, I don't think I should do anything. Let me get back to you guys. And. And I just started doing audiobooks, so I just never had time, so I never went back and did anything with them.

[00:11:09] Karen Commins

And what a perfect segue you gave me. So how did you get from questionable ad for Marks and Spencer to audiobooks?

[00:11:20] Daniela Acitelli

I mean, I'd been doing I'd been listening to audiobooks since before they were, since they were cassette tapes. So I used to get them from the library and listen to the Agatha Raisin, Penelope Keith and all the Harlan Coben's when I would take my walks in LA. Um.

[00:11:39] Karen Commins

I think Anne's first books were on cassette.

[00:11:43] Anne Flosnik

They were. Yeah. I listened to them though, in the car, though, on the way to work. Yeah,

[00:11:47] Daniela Acitelli

I bet I've listened to you, Anne. When I was like, I didn't kind of put audiobook narrators together as like, being actual human beings.

[00:11:58] Daniela Acitelli

Like, do you know.

[00:11:59] Daniela Acitelli

What I mean? You were, like, out there in the ether somewhere, and I bet I listened to you. I bet you were one of the voices that I listened to, because you do a lot of the books that I was obsessed. I would listen to, too. Everything. And I've listened to an audiobook. Pretty much every night of my life since then, and but I never really understood that, like, it was an option for me.

[00:12:24] Karen Commins

It's funny you said that because there was a server at a restaurant we went to, and this was in recent years, the last, well, in our other house. So it was at least six years ago, probably. But she said, well, what do you do? You know, we go there all the time. She's like, what do you do? And I said, I'm an audiobook narrator. And she said, really I thought they were like unicorns. I didn't know that was real people who did that.

[00:12:46] Daniela Acitelli

Yeah, you don't, because the story's like, you know, no. Thought Rockford Files and Columbo thought they were like my relatives. And I thought Lucy was my aunt, like, I don't I suspend belief when I watch something, I don't watch it with a critical mind. I don't listen to an audiobook analyzing the narration, or which is why I don't listen to a lot of audiobooks with people I know. Because to me, I want to believe it. I want to believe it. I want to believe that whoever's, you know, telling this, I don't want to think about who the actor is and how they're going to accept their award. You know what I mean?

[00:13:27] Karen Commins

Yes.

[00:13:28] Daniela Acitelli

Lucy was a great aunt.

[00:13:32] Karen Commins

Yeah, we'd all like to have her in our family tree.

[00:13:35] Daniela Acitelli

Yeah, you know what I mean?

[00:13:39] Karen Commins

But that's so interesting. You say that because when I listen to books and my habit has fallen off because I used to listen when every day when I'd walk. Yogi and he passed away earlier this year and don't want to talk about that, obviously. And we're not here to talk about that. But when I listen to books, whether it's somebody I know or somebody I don't know, I am listening to, how are they telling the story? Because I do feel like every audiobook you listen to, especially as a narrator, is a masterclass. And so it's interesting to me that you can let go of all the technical aspects of the job and actually still step back and enjoy it, just as a listener. And I don't mean it just, you know, as a listener, but you know what I'm saying?

[00:14:20] Daniela Acitelli

No, but.

[00:14:21] Daniela Acitelli

It is just I am too completely, entirely different people to me, that's work and I'm quite capable of it. And I have listened to audiobooks to learn at different times, but never in my when I listen before I go to bed to an audiobook, that is my sacred time. And I'm an audiobook listener. I'm not a narrator because. Because if I'm analyzing it for work, I'm not getting lost. the whole point is to be lost to me.

[00:14:52] Daniela Acitelli

In the story, which is what I would hope to be able to do for people that listen to the ones that I do, and which is what I hope to do. To me, it's the same thing as in the technical aspects of the job. Yes, I will learn it, but my goal is to never, ever think about it when I'm in the booth. Because then I've lost connection. See what I'm saying. So to my mind is really black and white. Um. If I start going through that spiral of analyzing things or using that part of my brain, I stop acting, I stop being there. And it's the same with audiobooks at night. If I start analyzing it, I'm not. Relaxed into it. Right. Have you ever. I don't know if this is. I'm afraid to bring this subject up because I'm afraid, like, 8 million people are going to, like, crucify me. But to me, it's like a different thing than I. It's to me a totally different thing. But I'm fascinated by it and I'm fascinated. It's informing my audiobook. Um, you know how gamers do virtual reality headsets?

[00:16:04] Karen Commins

Yes.

[00:16:06] Daniela Acitelli

Okay, so I've never tried those. I'm not interested in the gaming thing. That whole gaming world is just just not interesting to me. But I signed up for a trial where it's a virtual reality headset and they run you through meditation apps. Oh, and you put the thing on, and I've never experienced. It's like I was sitting there the other day going, oh my God.

[00:16:30] Daniela Acitelli

Oh my God, it's so realistic.

[00:16:35] Daniela Acitelli

You're like in a forest. And you can like literally it's every sense. It blocks out everything else. And as an adult I think we find that harder. Like so it's like being a little kid again. And it's I think there's a way I'm going to do the homework on this. It's like a 12 week thing and you go through meditation while you're in this. Calm, peaceful surrounding. They've got sunrise. Sunset. It's amazing. And if you look at virtual reality meditation apps, there's like you go to these beautiful places and you feel you can literally almost feel the leaves under your feet. Cheapest, it's I've never experienced anything like it. It was like being a little kid again. It was the most freeing thing without the distraction of anything else. You're just in this like wonderland. But it's not like you see virtual reality, like cartoons. It's like real.

[00:17:29] Anne Flosnik

Real. Yeah,

[00:17:32] Daniela Acitelli

A real thing by a lake with a and. Yeah. So I'm buying one the minute the trial is over because. I wanted. Like, I think if we can like develop that focus, that ability to focus and be completely immersed in our senses and in the energy of the moment, we could do something astounding when we narrate and think that that's the key. That's the hardest thing for me, and I think it's the key was listening to January LaVoy. And I was struck by when she narrated, this was me analyzing, you know, I meant to listen to the book, but I started analyzing the narration. She very much pinned to the exact moment.

[00:18:16] Anne Flosnik

What was the book?

[00:18:19] Daniela Acitelli

I can't remember. God, you guys, I'm sorry.

[00:18:21] Karen Commins

You didn't know you were going to be tested on this?

[00:18:24] Daniela Acitelli

Couldn't be a good.

[00:18:25] Daniela Acitelli

Name dropper if I tried, because, like, I can't remember.

[00:18:29] Daniela Acitelli

Anything.

[00:18:30] Daniela Acitelli

Deep, deep snow, I think.

[00:18:32] Anne Flosnik

Oh.

[00:18:34] Daniela Acitelli

I might be wrong, but I think it's called deep, deep snow.

[00:18:38] Daniela Acitelli

But it's.

[00:18:38] Daniela Acitelli

It's the. And I haven't listened to the whole book, but it was just the being completely attached to that moment and think you lose it when you grow up because the world is trying to pull little pieces of you all the time and your brain's like just frantically going, hold on, hold on. What was I doing? What was I thinking? Maybe that's just me.

[00:18:59] Karen Commins

But no, it's.

[00:19:00] Karen Commins

And it's even worse now because of our fragmented attention from our computers and phones.

[00:19:09] Daniela Acitelli

Yeah, and maybe find it a bit ironic that I'm finding my cure for being over digitized. Is completely digitizing. But it was astounding. It was the most joyful feeling on earth, too, because you're just out of the world for a few minutes.

[00:19:33] Karen Commins

Well, and you know,

[00:19:34] Karen Commins

There are those people who don't see images they can't actually visualize. Those mental images. And in fact, I even looked it up that they have what's called aphantasia because they don't get those pictures and think it was Dan Musselman who when he, he's retired, but he worked for Penguin Random House. And I think I'm quoting attributing this quote correctly to him. Attributing. See, I'm so excited I told you, think I'm attributing this quote correctly to him when he said, if a narrator can run that image and that movie in their mind, then they are connected to the material and they will be able to tell that story because they're seeing it in their mind.

[00:20:22] Daniela Acitelli

Yeah. You become you.

[00:20:23] Daniela Acitelli

Had an experience with a multicast recently with the most amazing oh my God, they were every single person on it was amazing and they were lovely. And the emails were brilliant and by the and my character was kind of paranoid and going slowly, completely losing it and. I remember I read an email after I'd finished my bit from one of the people and I was like, what did she mean by that?

[00:20:53] Daniela Acitelli

What what what what did she mean by that?

[00:20:56] Daniela Acitelli

And then like, got busy. And the next day I went and looked at the email. It was like perfectly fine. I realized I was feeling paranoid because.

[00:21:06] Daniela Acitelli

Because you're feeling the part.

[00:21:08] Daniela Acitelli

And I know it sounds precious and smarmy, but isn't that what we do right? Leave ourselves open to feel the part.

[00:21:21] Anne Flosnik

How about how much money does this cost? Daniela.

[00:21:26] Daniela Acitelli

Not that I went down the rabbit hole of VR headsets.

[00:21:32] Daniela Acitelli

But.

[00:21:33] Daniela Acitelli

But because this one was free, because it's part of the trial, you have to do homework and say how you feel at the end. They walk you through feeling cognitive. What's cognitive therapy while you're in the rooms, in the different rooms. But you can do the apps and there's, there's um, there's one coming out with Apple that oh my God, I'll, I'd have to it's like a thousand something pounds or dollars. But there's one. The one that the trial uses is am I allowed to say names and stuff like that? Not that I'm saying anything. Um, the one that the trial uses is called quest two, and guess it's been around for ages for gamers, but, um. But. I want the quest three, and the quest two is like 300 or \$400 or something, and the quest three is like maybe 500, but. But I'm thinking if you're going to get something like that, I'd rather, you know, maybe a couple extra. I'm to save in the piggy bank and stop wasting money on. Silly things like pink faux fur. Because I really want this.

[00:22:37] Anne Flosnik

I can see why. And the images I'm getting are somewhat biblical. Not to sound ridiculous in that I think a lot of losing the magic in the connection can come from fear, which is, I think, connected to a loss of innocence, because as soon as you know, the real world comes in, when we lose innocence as a child, that's where the rot sets in. Yeah. Yeah.

[00:23:01] Daniela Acitelli

And you know that it's.

[00:23:02] Daniela Acitelli

It's our protection, isn't it?

[00:23:04] Daniela Acitelli

It's all all the defense mechanisms.

[00:23:06] Daniela Acitelli

All our brain wants us to survive. Our brain doesn't want us to be happy. It just wants us to survive .

[00:23:14] Anne Flosnik

and reproduce preferably. Yeah.

[00:23:15] Karen Commins

Yeah. Let's scratch that second dictate. No, no. Surviving is good. Yeah.

[00:23:22] Daniela Acitelli

It is.

[00:23:23] Daniela Acitelli

The problem is that a lot of things that make us happy involve flight risk. Yes. And our brain sees that as danger. So you're right. And it's. It is the loss of innocence. It's. And I want to reclaim because I think that that innocence is why children play so realistically is what we need to do as actors is reclaim that innocence, and.

[00:23:48] Daniela Acitelli

That.

[00:23:49] Daniela Acitelli

Cutting off all the other senses and forcing my brain to be somewhere else forced my brain to remember what delight was.

[00:23:58] Daniela Acitelli

Yes. And I've forgotten.

[00:24:01] Anne Flosnik

Yeah. This sounds like magic. It really does.

[00:24:04] Daniela Acitelli

I'll send you the link. There's a link I found on a YouTube that goes over all the meditation ones, and I'll send you the one right at the point where it shows the one that I want to buy the app. You can buy lots of apps, but this one is is. It's. It's beautiful. It's gorgeous. Oh.

[00:24:21] Anne Flosnik

Thank you.

[00:24:24] Anne Flosnik

How exciting.

[00:24:24] Anne Flosnik

Yeah.

[00:24:25] Karen Commins

It's no wonder to me that you were so taken by this virtual headset and watching these realistic videos, because you are a video queen yourself with Narrator's Cup of Joe. I mean, you've got over 180 of these now, and I mean, just even looking at the titles of these are very inspirational. Like there was one from July 19th with Anne Flosnik called "How to Create Your Own Success". And then I've talked with you and you called mine. "What you focus on is important. So focus on what you want, not what you lack." And and also another one was "People spend more time planning their vacation than they do planning their lives." And you are so gifted in pulling out like one salient thing that each person said that can apply to everybody and get people interested. So what actually started you on doing these shows? Why? Why did you decide to do them?

[00:25:28] Daniela Acitelli

Well, I mean, you'd mentioned that question before the call, so I actually stopped and thought about it for the first time. And because nothing and if I had planned anything, it would never have happened. So basically. I was on the big group and everyone was complaining when they took away the payment for the codes and everyone was complaining about the new people coming in, and everyone was like, they're coming for our jobs. And and this was before, like, right when Covid started, I think.

[00:25:57] Karen Commins

Sounds like a regular Tuesday, actually, but.

[00:26:00] Daniela Acitelli

And it was so heavy.

[00:26:02] Daniela Acitelli

It was just so heavy. And I know for a fact I'd already started like 5 or 6 narrator. Groups of like 7 or 8 people. And we all became friends and supported each other and have a short attention span. I start the group and then I flake off, and then they all stay friends and do great, amazing things. But. So. I thought so. It's a fact that you're not jealous of and you don't have bad feelings of scarcity. When someone's your friend, when you know them. So I thought, well, let's just do this. See if anybody wants to get together and we'll we'll talk and we'll do the old school cup of Joe calls, which is how it started. And we would get together seven of us. And the rule was you only say what's on your mind. You don't, you don't. You're not asking questions. You're not teaching a class. You have to say like you're running into a cafe and your best friend who you haven't seen in years, is there, and you're going to dump out all the exciting stuff that's happening to you right this moment in your life. Good, bad. I'm unhappy. And anything that stays in that call that happens in that call stays in that call, and everyone gets a space. Um. And by the end of each call, it was just this wonderful feeling of true friendship. We were truly friends. Each of us all from different levels. And then said something to someone and. About how interesting what they were saying was. They were describing what they. Something I don't know. And they didn't believe me. And and I just thought. Why don't people see themselves the way I see them? Can't they see this, like, amazing? And somebody else said something to me about, oh, well, Daniela, you're the queen of hyperbole.

[00:27:48] Daniela Acitelli

And I'm like, what hyperbole? This is how I see you. I don't understand the problem. So I thought, well, let me get on a show. Let me just do a one video, you know, an hour and people can watch it. I didn't even think of putting it on YouTube at first. And and I'll show you guys what I see in this person. And the first few calls we had technical problems. They didn't even go up, I don't think. But then. Then other people wanted to come on. I kept saying, well, I'm only doing doing one more call. Then another person, then another person, then another person. Next thing you know, I'm booked like a year ahead and I don't want to let anyone down. And it's kind of addictive because I can see how nervous people are. And some people even say there's the I always get the email, I get the ones that send me the list of things that we should discuss. And then I get the ones that. Kind of reach out because they're nervous. They're like, not sure what they have that to say that anyone would want to listen to. And. Every single time, bar none. By the end of the call, we're best friends. And. They're happy and that and they've shared some of their energy and knowledge and wisdom because they all have it. That profoundly touches me and changes my life. And so I've just never stopped. Because each call I learn something new and become better. And I just think some people get therapists for 12 years. I just pick up random strangers.

[00:29:30] Karen Commins

You make it sound that way, but you really are a fantastic interviewer.

[00:29:35] Anne Flosnik

Yes. Gifted.

[00:29:35] Daniela Acitelli

Thank you. But it's. But I'm not. I'm not doing anything. It's in them. It's already in them and all I'm doing is listening. Until that moment that they say the one special bit of wisdom or knowledge or gold that's in them.

[00:29:56] Anne Flosnik

It's even in the introduction, though, that you set them up. You set everybody up for success because you've seen it. You have grasped their essence. I think before they, you know, they're even there. And then the whole thing just develops from, from that great footing.

[00:30:13] Daniela Acitelli

I have, but don't understand.

[00:30:15] Daniela Acitelli

Why everyone else hasn't. That's what's so weird to me. Like.

[00:30:19] Daniela Acitelli

Like. I mean, I could.

[00:30:23] Daniela Acitelli

Point to anyone and I could say, oh my God. The thing about them is, I mean, you guys know that, don't you? You have friends where you're just like, wow.

[00:30:32] Anne Flosnik

Oh yes. Yeah. But it's, it's one thing though to to see all that. But then you are dedicated to that and you do it week after week after week after week. And I'm sure it's consumed a great deal of your life to the betterment of us all. But there's a price is paid for everything.

[00:30:52] Karen Commins

And even more of her life. Because don't you edit these things before you post them on YouTube?

[00:30:58] Daniela Acitelli

You see, that's the thing. The there.

[00:30:59] Daniela Acitelli

Hasn't.

[00:31:00] Daniela Acitelli

Really been a price once I learned how to fit it in to my. The rule was it can never, ever, ever get in the way of my narration. I'm a narrator first and foremost, and that comes first. And that's my focus and my priority. And and so that was the rule and and and it was all fine, but. It got a bit much because the schedule got really full, and I ended up doing two calls a week most of the summer, and all that would still be fine. If then life doesn't hit you, then, you know. Last week I fractured my knee, my ribs and my shoulder, and I'm narrating the hardest book I've ever done in my entire life. I think I'm I think I'm up to. I think I'm up to like. Eight hours of research from just the first six pages. Like thought we should.

[00:31:56] Karen Commins

All be done before the. We've all had those kind of books. Yeah.

[00:32:01] Daniela Acitelli

So when life gets in the way, the editing suffers. I've got some people waiting for their videos to be put up from over a month, and I do have to catch up and slow down the amount of calls I have, because the editing is a problem. I know people you want to see your call up. You've done this interview and it's like a month and nothing's come up. So I do feel pressure, but you could.

[00:32:23] Karen Commins

Do you could.

[00:32:24] Karen Commins

Post it without editing. You could post it. This is how it happened.

[00:32:27] Daniela Acitelli

Yeah. No no no no no. Because I owe it to them to do a professional. You want people want to be seen in the best light. And so it's got to be well edited. It's got to be it's got to. And also the branding and the show and the look of the show. You want consistency.

[00:32:47] Daniela Acitelli

You don't want lack of quality.

[00:32:48] Karen Commins

You need to have those elements. Sure. But I'm just talking about like like real time editing is very tedious.

[00:32:56] Daniela Acitelli

It is it's a lot. It's a lot. And when you do a call and you didn't have the best night and you worry about how you sounded, and then you have to listen to it again.

[00:33:06] Daniela Acitelli

In your head.

[00:33:08] Daniela Acitelli

You know, but it's it's not about I have to remind myself, it's not about me. And people are very patient and they've been lovely. And we'll have some great calls come up, um, when I do have time. But I have had to ask for people's patience because the narrating has to come first. It's it's the only thing I care about. Like, basically at the end of the day.

[00:33:29] Anne Flosnik

But you're giving us a gift because for, you know, for that hour or whatever, we can see ourselves in, in a, in a magical light. But beyond that, Daniela, are you okay? Because tell us about being hit by that rogue on the bicycle. Are you all right? What happened?

[00:33:45] Daniela Acitelli

Well, yeah. I mean, yeah, I think you take a you take a. I like to take lessons away from everything that happens and the two lessons I'm taking away from this. The one lesson was that everyone commented about the bike guy, which was lovely. Everyone was supporting me and everything. I literally hadn't given him a second thought. What I had was shocked by was the kindness of the three people that helped me.

[00:34:14] Anne Flosnik

Oh God.

[00:34:15] Daniela Acitelli

They stopped and they helped me and they took their time and they were just lovely. And that that's going to leave a lasting impression to me. The other thing is just like, yeah, there's angry people in the world. I got in the wrong place, wrong time. God doesn't know me. He wouldn't recognize me, probably ever. And I wouldn't recognize him. You know, it's it's it was random and it wasn't personal, but but three people that wasn't random. They stopped. They. And it was hard. I had I couldn't get up and and they helped me and the friend that I messengered you know, I won't say names, but like.

[00:34:53] Daniela Acitelli

It.

[00:34:53] Daniela Acitelli

Just the people that are there to help, I think are the. And then the other thing I took away from it is, um. The way I behave when. I couldn't walk, I couldn't get out of the flat, I couldn't get to A&E because I was afraid of being taken out on a stretcher. And. I was freaking out about this book and the deadline and. I'm. I have to find a this is something I have to work on. I don't know the answer yet, and I need to work on it myself. I have to find a way to retain the part of me that's really proud of working hard through anything, no matter what. And not be stupid.

[00:35:38] Daniela Acitelli

Because.

[00:35:38] Daniela Acitelli

I'm standing there. On a fractured knee. Trying to still work. Do you know what I mean?

[00:35:46] Anne Flosnik

Can't risk. You said. Did you share this with your publisher?

[00:35:50] Daniela Acitelli

Yeah, yeah. Did finally, finally somebody think it was Stephanie Nemeth? Parker said to me, you need to email them now and tell them what happened.

[00:35:59] Anne Flosnik

Yeah, yeah.

[00:36:00] Daniela Acitelli

And and I did. And they gave me a few extra days. And with any other book out of the 200 I've ever done, I would have been fine and I would have been done. But this book.

[00:36:12] Karen Commins

Oh, well. And, you.

[00:36:14] Karen Commins

Know, working through anything is really in the big picture. And I know, you know, this a cost to your health, because whatever you've got this going on that's made you ill or you're in pain or whatever can only be made worse by pushing through it and ignoring it. Yeah.

[00:36:35] Daniela Acitelli

And painkillers just make you like they gave me painkillers and I finally had to because I was shaking with it and I took like it was like codeine or something like one night and the next day was like a zombie. So it's not worth it. I can't even take the painkillers. So it's like, but but then part of me is like, do I want to be this person? It's like, oh, I work so hard. And then I feel extra. What? Sorry for myself, proud of myself. I think you have to decide who you want to be. And this time I have to sit with myself and decide who do I want to be when bad things happen? Who do we? Who do we think of ourselves as? I'm very conscientious and I don't want to lose that. I will deliver if I at all possibly can, and don't want to lose that. But.

[00:37:22] Karen Commins

I don't think you would. But, you know, you've seen the stories of people on their death beds. Ask, what do you regret? And nobody ever says, oh, I wish I'd done a bit more work. You know? I mean, life is for living and there you are, conscientious and you will meet those deadlines. But. You have to make allowances for things happening, and it's not good to work through pain or illness because it can only get worse, is what I think.

[00:37:53] Daniela Acitelli

Yeah. Yeah. It's it's.

[00:37:55] Daniela Acitelli

It's.

[00:37:56] Daniela Acitelli

It's a weird thing, isn't it? It's what Anne said about the loss of innocence. When you grow up, it's all on you to decide how sick is sick.

[00:38:07] Anne Flosnik

Very wise.

[00:38:08] Karen Commins

And I wanted to go back. Laura English wanted to ask if someone can help you with the editing part of your shows.

[00:38:19] Daniela Acitelli

Um.

[00:38:23] Daniela Acitelli

Part of me, I will confess in a public forum that it is bad management because I could outsource some parts of the editing. I haven't found the time to take time to show someone else how to do it.

[00:38:42] Karen Commins

Yeah.

[00:38:43] Daniela Acitelli

And the other thing is, is most of what I'm doing in the editing is taking out the inappropriate things that I say during the calls.

[00:38:53] Anne Flosnik

And you're the only one that can decide that, right?

[00:38:56] Daniela Acitelli

Exactly, exactly.

[00:38:58] Anne Flosnik

Oh, God. And there lies the rub.

[00:39:01] Daniela Acitelli

Yeah, exactly. But it's it's fine, it's fine. I can catch up on it. Oh, actually, Karen, Karen Cummins made gave me the biggest break in my editing. Um, shaved like, 50% of the time off of it, actually. Oh.

[00:39:18] Karen Commins

Sonic.

[00:39:19] Daniela Acitelli

One of your miracle hacks. Yeah. Don't do it with Sonic. Just because that would get really, really expensive. The amount that I have to do. But now what I do is I put the video up on YouTube, but privately so no one can see it.

[00:39:31] Karen Commins

Ah.

[00:39:32] Daniela Acitelli

The minute the call is done, it automatically transcribes it. I cut and paste the transcription into Word, and then whenever I edit the call, I do a word search for edit, and I've gotten pretty good. If I say inappropriate things, I'll say, okay, I'll edit this out during the call. That gives me a timestamp.

[00:39:53] Anne Flosnik

Oh,

[00:39:56] Daniela Acitelli

And can edit out all the bits where I've said that I've. Where I knew I shouldn't say something, but I did anyway.

[00:40:03] Karen Commins

So just for those who don't know Sonix.ai - And I put the link in the chat. It's actually my affiliate link, so if you use it, you get free minutes and I do too. But it's an AI transcriber and this is one version or one instance where I think AI is a really good thing because it can transcribe audio and video, and there are a lot of times that I want to hear the information, I want the information that somebody's presented, but I don't have the hour to sit and actually listen or watch. So I'll run it through Sonic. And then I've got the transcript and I can read it in about, you know, 5 to 10 minutes, which really, like Daniela says, saves so much time. And then like with Pit Stop, I put the Pit Stop episode on NarratorsRoadmap along with that transcript. Because we all take in information different ways and and plus I'm able to add links to the transcript. And so it adds value that way. But. Anyway, I just wanted to pass that on for whatever help it can be. And I'm closely watching the clock because I know you said you're in the middle of this book and you've got to get back to it, and I'm so thrilled you could be with us today. I have a question that I call the Pit Stop Hot Seat. So this is not one of the questions that you know about. So if I gave you a penny to throw in a wishing well, what would you wish for? I might even give you a quarter. And I don't know if that would depend on that. Would make the wish better.

[00:41:40] Daniela Acitelli

Good health.

[00:41:41] Daniela Acitelli

For me and my husband.

[00:41:46] Karen Commins

That sounds like a wonderful wish.

[00:41:49] Daniela Acitelli

Yeah.

[00:41:51] Daniela Acitelli

Or I could just get up and start walking and eating, well.

[00:41:55] Daniela Acitelli

Sleeping. But let's let's count on the wish.

[00:42:06] Karen Commins

Well, you know, we we have talks about this all the time about manifesting things and name it and claim it and keeping focused on that goal of what you want and not. In fact, that's what I think you named my Cup of Joe call of focus on what you want and not what you don't want.

[00:42:26] Daniela Acitelli

Well, weirdly, I wanted to tell you this. I just never got a chance. Do you know that trial I said that I'm on with the virtual reality thing? I had just sent you a message saying, well, I've been reading a lot about manifesting listening, but I haven't actually tried any lately.

[00:42:42] Daniela Acitelli

And I'm going to, like, learn everything and then do it perfectly someday.

[00:42:47] Daniela Acitelli

But, um, but I was I was thinking, I'm just going to manifest and, and I've been thinking that for the last like, few days after I messaged you that I'm just going to manifest a perfect world where I get an escape and everything's calm. And then my friend sent me a message going, hey, there's this trial. There's one day left. Do you want to try and see if you can get in? And this was it. And literally, it's a.

[00:43:12] Daniela Acitelli

Headset with.

[00:43:13] Daniela Acitelli

The perfect world that lets me escape from.

[00:43:15] Karen Commins

Perfect world.

[00:43:16] Karen Commins

Wow.

[00:43:17] Daniela Acitelli

Like you couldn't make that up.

[00:43:19] Karen Commins

Well, and see, that's the thing about manifesting. You can't control how it shows up for you or when it shows up for you. And things generally don't show up for us on our timeline. And they may not look like what they thought we thought they would, and they may not come in the direction we thought they'd come. And so you have to be open to how the universe fulfills those wishes. And so like when you first say "a perfect world", well, if we actually meant this Earth that we live on and all the 7 billion or however many people who are here getting together in peace and harmony, there's a lot that the universe has to do to conspire to make that happen. And I don't know if it'll can happen, and it may not happen in our lifetimes, but so the Universe hears Daniela saying, "I want a perfect world" and what happens? But "here's a virtual headset where you can have that perfect world." I mean, I love this story!

[00:44:18] Daniela Acitelli

I'm totally happy with that.

[00:44:20] Daniela Acitelli

I mean, I just figure all the rest of those people can all get ahead of themselves. This was fine with me, but I'm really curious. I'm really curious about this because I'm very type A and.

[00:44:30] Karen Commins

No, really?!

[00:44:34] Daniela Acitelli

I'm not. I might, I'm not, and I'm being and I mean this as a compliment, but I have a feeling that Anne might be a tiny bit type A as well.

[00:44:42] Anne Flosnik

Oh, complete on steroids. Yes.

[00:44:44] Karen Commins

She's not even going to.

[00:44:45] Karen Commins

Say a tiny bit!

[00:44:47] Daniela Acitelli

But I'm.

[00:44:48] Daniela Acitelli

I'm wondering how you feel. What? Because I know I'm, I know Karen is 100% right, but I find it so hard for my little type brain to wrap around it. I'm curious how you feel when Karen reminds us that getting what you want might not be in the time you want it, or in the way you expect to see it, because you don't have any control over it.

[00:45:12] Anne Flosnik

I know it to be true.

[00:45:14] Anne Flosnik

I know it to be true, sadly. You know, because she tells me that all the time, and I've lived long enough that I can see it.

[00:45:23] Karen Commins

And let me just say, she tells me that now, too. So she. She does go on. I didn't mean to interrupt, so go on!

[00:45:28] Anne Flosnik

I drank the Kool-aid! Yeah.

[00:45:32] Daniela Acitelli

Well, do you feel like fighting against it?

[00:45:34] Daniela Acitelli

Do you.

[00:45:34] Daniela Acitelli

Feel like.

[00:45:37] Anne Flosnik

No, no. No, I have learned I've learned many, many lessons. And your whole thing about manifestation, Daniela, because I remember you from when I just saw a lady that was talking about videos and calls and things, and I thought, oh, where did she come from? You know, how just people just suddenly appear? And then it's like they were always here and they become more and more and more and more and more and more and more because you were doing your thing more and more and more, and it was manifesting from your consciousness, to -- I'll just say I'll be everybody -- to, you know, let me stand in for every man, because that's, I think, the way that these things work. You had kind of made a public, you must have put yourself in a public place where I could see you. You see what I mean? Rather than doing whatever you're doing. Does that make sense?

[00:46:26] Daniela Acitelli

Yeah. yeah.

[00:46:27] Anne Flosnik

You kind of declared your intention to the universe in the fact that I saw you and heard about you, and then couldn't stop seeing and hearing about you and the most delightful way.

[00:46:36] Daniela Acitelli

And I love that you say that.

[00:46:38] Anne Flosnik

What?

[00:46:40] Daniela Acitelli

Sorry, I didn't mean to interrupt. I love I love that you say that because that is how I feel like that's. And that's a Cup of Joe. And that's why I started all the narrator groups, because it's like, I feel like I'm shouting, like we're all a big. Look at us. Aren't we doing great with this, like, big pool? And it's not just narrators or the narrator community. It's actors. Writers. Look at us. Look what we're doing. Aren't we brave? Aren't we amazing? And everyone's like, what? Who, what? And I feel like, yeah, we're all in this together.

[00:47:15] Daniela Acitelli

Like, well, we're all in this together.

[00:47:18] Anne Flosnik

Yeah. And speaking for myself, you are kind of the mother of a great deal of all this good stuff and goodness, too, because you are one of my models and icons. .

[00:47:30] Daniela Acitelli

But you're our icon!

[00:47:30] Anne Flosnik

No, no.

[00:47:32] Daniela Acitelli

You've done million books.

[00:47:33] Daniela Acitelli

Though, and you're like, I remember I literally almost gasped when you told me how many books you'd done.

[00:47:39] Anne Flosnik

So I know, but it's a shame, though, that they're not all, you know, here and now. And I there was a question. Everything was filling in, and it's 27 years I have been narrating audiobooks. Wow, 27 years. That's a long time now. But this isn't about me. It's about you and how you came into my consciousness. And there's just something just so extra special and magical about you. When you're doing things and saying things and putting out an energy that I wasn't aware of before.

[00:48:10] Karen Commins

And that's really true, because she said those exact words to me and because I'm like, what? Who? Who are you talking about? And so she told me all of this, and I started seeing your shows. And so I'm a testimonial, I have a testimonial that what she says is exactly how it happened.

[00:48:30] Karen Commins

Oh, she told me.

[00:48:31] Karen Commins

And then I've told people and that's how it's gone.

[00:48:34] Daniela Acitelli

But it's much the same. I mean, like, I've never I think I heard Karen's name the day I started audiobooks. I mean, that's just like you don't hear audio books without knowing about Karen Commins. I'm saying that. Right? Right.

[00:48:47] Karen Commins

That's right. I'm so proud of you. Thank you.

[00:48:53] Anne Flosnik

And the Roadmap now, which wasn't always there, but it is now.

[00:48:57] Daniela Acitelli

I know. And you guys have all these shows.

[00:48:59] Daniela Acitelli

And you're like mean you're like.

[00:49:01] Daniela Acitelli

You're like.

[00:49:02] Daniela Acitelli

The badassess of like the podcast world now. And it's so funny because you were just like, I'm setting my intention. I'm doing this podcast now, and now you guys are like old school.

[00:49:14] Karen Commins

Anne's show will be a year old in November.

[00:49:15] Karen Commins

Year old in November. Yeah. So yeah, next month she's got a year.

[00:49:20] Daniela Acitelli

But it seems like much longer.

[00:49:23] Anne Flosnik

It does, it does. How many years have you been doing your show, Daniela? More to the point.

[00:49:30] Karen Commins

Uh, 2?

[00:49:32] Anne Flosnik

It's like it was longer than that.

[00:49:34] Daniela Acitelli

Think it was.

[00:49:34] Daniela Acitelli

April 20th oh, maybe April 2020.

[00:49:39] Anne Flosnik

And even. And you were having calls and things though before all of that.

[00:49:43] Daniela Acitelli

Yeah, yeah, yeah.

[00:49:44] Daniela Acitelli

But just like a month before. And the thing about the calls, I mean, I had one recently, but the calls, the old school calls, they are great fun and. They're really, really something. But they're also really, really intense. Like, I feel like I need a nap for three days after one of those calls. Like, it's really cathartic, but really exhausting. And so it's easier for me to do the guest calls because the focus is on someone else.

[00:50:11] Anne Flosnik

So when you have these calls, which are so taking so much out of you, what not to get into the specifics, but why is that happening? What's going on?

[00:50:23] Daniela Acitelli

It's weird because it's not so much what's said. It's that people are completely let down any defenses there with total strangers, but they're completely raw, and they and they're very good at it because I think they said usually somebody that's been on one sets the example, and then everyone else follows and they're completely raw and vulnerable. And sometimes I'll talk about dry spells, sometimes I'll talk about they're so excited they've got this leap in their career, which you're, like, afraid to post about because you don't want to make people feel bad. You don't want to come across all that. You don't want to come across as this. All the social media guards are off. It's, you know, sick child. This is going on right now. I don't feel well. Can I keep doing this? Yeah. Um.

[00:51:15] Daniela Acitelli

Am I.

[00:51:16] Daniela Acitelli

Good enough. I've just been diagnosed with such and such, so you never know what's going to happen. Each call is different and and. It feels good. It feels really, really good because you put out. You let you lay down. What's heavy or even what's light? You bring it out and celebrate it. And it think it's it's it's like massive exercise for your soul. I like to think, but it is, but I don't, and I don't really talk about my, like my own stuff, but I like try to kind of interject and like manage between the people. So but I feel like. To be open to kind of like not managing how what's the name of somebody.

[00:52:07] Anne Flosnik

Directing.

[00:52:08] Karen Commins

Facilitating.

[00:52:09] Daniela Acitelli

Facilitating, facilitating.

[00:52:10] Daniela Acitelli

That's the word to be open to facilitating something like that. You have to be open to it. You have to take on that energy. And once you take on that energy, it's exhausting. It's valuable. Worthwhile. Good for you. But it's really tiring.

[00:52:26] Anne Flosnik

And I think that's one of your challenges, though, too. It's a gift, and it's a challenge in that you're almost a psychic sponge because, you know, you are so open to all of these vibrations and sensitivities, and that is exhausting. Daniela. Yes.

[00:52:42] Daniela Acitelli

But it's exhausting putting.

[00:52:44] Anne Flosnik

On a good way, yeah.

[00:52:45] Daniela Acitelli

It's because the rest of the world seems to have been given instruction in how to not be open, and the rest of the world has all these guards and things, and I don't have them right. And I don't understand them. And. Keeping them up or pretending. That it's it's that's exhausting. So getting on a call with a stranger and just like, let's get rid of all this crap. You're you. I'm me. Oh, my God, you're amazing. Look at what you've done. Tell me about it. It's so easy for me because I don't have to pretend to be like, okay, you're a stranger. I have to act a certain way around you because I don't know you very well. Do you know what I mean? I can't, I'm not good with boundaries. And on those calls, I'm in charge, so I don't have to pretend I have boundaries.

[00:53:40] Anne Flosnik

And we don't need them either.

[00:53:43] Karen Commins

I know I promised you that we would have a hard stop, and we're coming up close on the time. But I can't let you get away without asking you. If you have advice you can share with other people who want to expand their horizon beyond narration.

[00:53:59] Daniela Acitelli

My advice is work from the inside out, not the outside in. Like I wouldn't have. I don't think the the Cup of Joe has. I think we're almost at 50,000 views and.

[00:54:11] Karen Commins

Wow!

[00:54:12] Daniela Acitelli

Congratulations!

[00:54:12] Daniela Acitelli

In the in the internet world that's like nothing. And I keep forgetting to ask for subscribers. So it's like nothing on that too. But, but. I consider it a success because we're still booked out for a year and. I consider it a success, but I don't think it would have been a success if I'd created the Cup of Joe so I could increase my career and make some secondary income because. I did it for different reasons because of the love of it. Like you would a hobby or something. Um. A lot of and I'm not saying don't you can't get a secondary income or and do a side gig, but and I've had a lot of friends that are like equally you've got the Roadmap and you've got all this stuff, but you, you equally love it. You love doing it. So you're still doing it for the love of it and just being smart about business, right? You can marry the two, but. I think that the love comes first.

[00:55:14] Karen Commins

And it's about growth

[00:55:16] Karen Commins

Such a perfect way of saying it. Yeah.

[00:55:19] Daniela Acitelli

Yeah, the love comes first. I've had chances to make the Cup of Joe bigger, to go into partnership with people and to make money. And each time I've felt stressed out by it and I've listened to my gut and I'm glad I did, because it would have taken me away from my focus, which is my books, which is narrating. And so I think you have to really has to come from the inside out, and you're making the choices for what you want deep down, not what you think you have to do to be a successful person in the industry. Yeah, it's got to be coming from your heart, I think, which sounds woo woo, but.

[00:56:02] Anne Flosnik

Now it's spot on. And it used to be sorry. It used to be so much easier to be that way, until there was social media and there were so many people and there were, you know, people could just do what they did and nobody knew anything about it. It was just wide open to be whatever you wanted it to be.

[00:56:25] Karen Commins

But but I still think it is.

[00:56:27] Daniela Acitelli

I still think it is because, for instance, the cup of Joe. All of a sudden people were starting not not clubhouse, not you guys, but people. Other people were starting webinars and this and that. And it was like a thing and, and and of course, and the outside world wants you to do more of something or do things their way or change this. And, and I rejected it and ignored the outside world and including social media. I just ignored. And I kept doing what I wanted to do with it. And the reason was because I was more worried about my career success as a narrator. I wasn't worried I would like from the beginning, I would cancel a cup of Joe tomorrow if it stopped being healthy or feeling good for me. So. So I didn't I didn't. Fall for that. And because it is everywhere and think it's the kiss of death, but think that if we put our heads down, it's January. Lavoy went off social media completely, and she said it took like a week of horrible, like withdrawal. But she felt better afterwards because I think we can we have the power to not. To not care. We have the power to just let the noise stay outside of us. You are a veteran, well-respected narrator. Mean people bow down to someone at your level. So. But but no. But it's the truth. I'm not saying I'm not. This is not hyperbole. It's the truth. Mean, of course you're not going to think of yourself that way. I'm. I'm the, you know, the queen bee, but. We all know it. Karen will back me up on that. We all know that she is.

[00:58:13] Anne Flosnik

Oh no no no no no no no. All I'm saying is that I, I can remember when we didn't have all of this, you know what I mean? It was just a time.

[00:58:23] Daniela Acitelli

But people would assume that you are one of the people that wouldn't even notice social media. Because we all know what level you're at. Do you see what I'm saying? But every single person is feeling like they have to pay attention to it, but they don't. So many people have earned their stripes. You don't need it, you know? Only go on it for the fun. You don't. It doesn't matter if everyone's looking at what everyone else is doing online.

[00:58:53] Anne Flosnik

You're saying exactly what I'm saying. Daniela, in a different way, I can completely cut out social media from my life because I had a whole career before it ever was even a thing. So. But which makes my rejection of it. If that was to be not any great, um, there'd be no great price to pay for that. Whereas you've known different and you are making different choices based on a different world than my habits and whatever were formed from, which makes your triumph all the greater.

[00:59:24] Daniela Acitelli

Aw, you're so nice!

[00:59:27] Anne Flosnik

That's what I'm trying to get across to you. No. And you are the pattern for all of us. Well, I'll speak for myself for my talking head. Anyway. You are my icon in that 100%.

[00:59:39] Daniela Acitelli

Oh. See, after the first call I had with Anne I called oh, Ana was because I didn't know Anne and I met her at an APA kind of online social, and you were like, oh, we should chat. I'm like.

[00:59:52] Daniela Acitelli

Okay.

[00:59:53] Daniela Acitelli

I didn't know. I don't know anyone. As I've already said, I'm very bad with names. Um, and so even the people I know I can, I'm bad with names. Took me three years to get Karen's surname. Right.

[01:00:06] Daniela Acitelli

Um, so, so I so.

[01:00:10] Daniela Acitelli

I got on the call with Anne just because she's a really nice, fun person, and you were like. And I was like, oh, I don't know how many. How do I put this? And I remember it was the you were the person that stopped me being silly reaching out to pub publishers. I'm like, how many books do I put down if I have this book? But mine is this book, what do I put? And Anne's like, I don't know. I'm like, how many books do you have? She's like, oh, 65,000.

[01:00:33] Daniela Acitelli

And I'm like,

[01:00:33] Anne Flosnik

I never said that.

[01:00:34] Daniela Acitelli

What? I know, but it was some like really big number. And after the call, I called Ana.

[01:00:40] Daniela Acitelli

Clements or I messaged Ana Clements was like, oh my God, I just met with.

[01:00:46] Daniela Acitelli

The nicest person on earth. And she's like, done more books than you. But I'm saying that. But but see.

[01:00:55] Daniela Acitelli

What I'm saying though? It's the the Karens and the Annes of this world.

[01:00:59] Anne Flosnik

nd the Daniela's.

[01:01:01] Anne Flosnik

Yes.

[01:01:01] Daniela Acitelli

And and the mes that we're carving out our own spaces.

[01:01:06] Karen Commins

Yeah.

[01:01:06] Daniela Acitelli

And and we're decorating it the way we want them to look.

[01:01:12] Anne Flosnik

That's it.

[01:01:13] Daniela Acitelli

Faux fur.

[01:01:16] Anne Flosnik

Love the leopard.

[01:01:19] Karen Commins

And that sounds like a great place to stop, since I did promise you we'd have a hard stop three minutes ago.

[01:01:25] Daniela Acitelli

Got to finish this book.

[01:01:26] Daniela Acitelli

I've got a. I'm trying to learn how to speak like the Aboriginal people speak, and I'm. Nothing's pronounced the way it's spelled.

[01:01:36] Anne Flosnik

The Aboriginals of where, Daniela.

[01:01:39] Daniela Acitelli

Oh, God. I don't know. At this point.

[01:01:40] Daniela Acitelli

We're talking.

[01:01:43] Daniela Acitelli

We're talking polyps and coral and the Aborigines. And it's. I'm just like, I'm not a scientist. So at this point, I'm just like.

[01:01:56] Anne Flosnik

And this is nonfiction, obviously.

[01:01:58] Daniela Acitelli

Yeah, this is nonfiction.

[01:02:00] Daniela Acitelli

This is.

[01:02:00] Daniela Acitelli

Nonfiction. It's a beautiful book. It's a beautiful book. But wow, this woman's got some vocabulary.

[01:02:10] Anne Flosnik

Well, you will too, at the end of it!

[01:02:12] Karen Commins

Right!

[01:02:14] Daniela Acitelli

Yeah, yeah. So I'd better go devote time to it.

[01:02:17] Karen Commins

Well, before.

[01:02:18] Karen Commins

You do, if we can have one more minute, do you have anything to plug or final words? And how should people contact you?

[01:02:26] Daniela Acitelli

Um, I'm on Facebook, Instagram, Twitter. I'm around.

[01:02:33] Anne Flosnik

Youtube.

[01:02:34] Karen Commins

Yes. Yeah, all over YouTube.

[01:02:37] Daniela Acitelli

Come join us on a Cup of Joe Call. And if you're a narrator, have you joined the Narrator's Cup of Joe on Facebook? Because you get links to all the calls as they come up a few days before the call. And if you haven't joined it, why not? And that's it.

[01:02:54] Anne Flosnik

You're really missing out if you don't join.

[01:02:58] Anne Flosnik

Uh huh.

[01:02:59] Daniela Acitelli

And lots of videos soon to be added once I catch up.

[01:03:03] Anne Flosnik

Yeah,

[01:03:04] Karen Commins

And on that happy note, it is time for everyone to get back on the road. So we're going to conclude today's Pit Stop. The recording will be available on Clubhouse later today and next week, probably, I'll put a transcript and the recording on NarratorsRoadmap.com and Pit Stop is also available on your favorite podcast platform, including Apple and Audible. Anne. who is coming up tomorrow on Narrator Uplift?

[01:03:29] Anne Flosnik

It's Chris Ciulla.

[01:03:32] Karen Commins

Oh, wonderful.

[01:03:33] Daniela Acitelli

I love Chris.

[01:03:34] Anne Flosnik

Yeah.

[01:03:36] Karen Commins

And I hope you all take another road trip with us on October 26th when we'll talk with Andrew Tell, who's an author, narrator, and software developer. In the meantime, I hope you find joy in every journey and live the life of your dreams. Thank you again to Daniela Acitelli for this wonderful, sparkling conversation.

[01:03:57] Daniela Acitelli

Thank you so.

[01:03:58] Daniela Acitelli

Much you guys. I was so honored to be invited.

[01:04:02] Anne Flosnik

Oh, we love you.

[01:04:03] Karen Commins

Yes we do. We love you.

[01:04:05] Anne Flosnik

We love you.

[01:04:06] Anne Flosnik

Be well, be well.

[01:04:08] Karen Commins

Yes.

[01:04:08] Daniela Acitelli

Okay.

[01:04:09] Karen Commins

And thanks. Thanks, as always to Anne Flosnik for your wonderful discussions and support. And to all of you for spending time with us today. Hope you have a wonderful week and we will see you soon!

END OF TRANSCRIPT



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